

## **One Issue Email Reading Sample**

By Karen Sheeks RN MS

Issue: What are the best career choices for me in the future?

When I look at your soul path and natural gifts, it is clear that you have at least three areas of focus where you can easily succeed in mastering a career while being aligned with the highest expression of who you really are. Spirit always supports us when we are doing things that we love. If you are inspired, resources and prosperity will flow.

### Grief Counseling/Hospice Work:

I was shown several alternative lifetime expressions where you worked closely with those who were crossing-over, assisting them to relax into receiving support and comfort from Beings of Light who were helping them transition. Your intuitive nature allows you to perceive the presence of Spirit guides and Angels, and your natural ability to telepathically communicate, along with your own understanding of our eternal nature, makes you an excellent counselor and teacher in these situations. Providing mediumship skills to those who are facing death allows you to give accurate and healing information that can dispel fears and soothe grieving. I was also shown that since childhood, you have been receiving messages from people who have crossed because they are able to easily communicate with you. Turning this natural ability into a career would be a way for you to honor your gifts, and be of service to others. There are many ways in which you can explore this path. You can work directly with clients through a Hospice organization, or you can work one-on-one with relatives of those who are dying. You can also teach classes on basic mediumship skills, or even work with health care professionals in continuing education courses.

### Sound Healing Work

You are aligned with the frequencies of music in such a way that you innately understand the healing aspects of sound vibration. You can take your love of music to the next level, pursuing a course of study on sound healing techniques that can expand your present practice with bodywork clients. Sound vibrations have been used for healing for thousands of years. I was shown one alternative life where you used chanting and toning in healing work in ancient Greece. Vibrational therapies can include such things as vocal toning, tuning forks, singing bowls, musical keynotes, and bells. You will find great affinity to sound healing if you explore what has already been researched, and it is quite possible that you will create an innovative way of using sound therapy. I was shown a possible path for you in using sound to work with people who are resistant to other forms of stress-relief modalities, and to those who are dealing with learning disabilities. To begin, I would recommend that you attend a sound healing conference to explore the possibilities and see what inspires you. Here is an example of a site to get you started:

[Healingsounds.com](http://Healingsounds.com)

## Teaching

Your extensive experiences in many modalities of body work have served you well. It is time to share your practical wisdom with others. There is a natural teacher within you who wants to be expressed. If you take some time to consider the many skills and tools you have acquired over the years, you will see that you have been gathering these for a bigger reason than just to use with your private clients.

We are moving into a time when individual expression is more important than certifications and pragmatic following of prescribed modalities. You can be an excellent teacher and mentor for other practitioners who are looking for a way to create their own unique blend of skills and discover ways to describe their practice to clients.

I saw you helping others identify which alchemical blend of bodywork, energy therapies, sound healing, vibrational therapies, etc. will be the finest expression of who they are. In this age of “branding” and micro-managing, you can emerge as a way-shower for others. Encouraging your students to listen to their inner guidance and allow their individual practices to evolve, facilitates some of the new healing modalities to unfold.

We are moving into awareness of our multi-dimensional abilities, and you can be a pioneer in guiding others to embrace their many abilities, merging them into a marketable, uplifting practice.

I hope you find this inspiring. You have many talents that are waiting to be explored and expressed in the world. You might begin by taking a few weeks to consider each of these suggestions, and see what lights you up. Make it fun, and create a light-hearted adventure into each of these professional paths. There is a promise from the Universe, that whatever you choose that makes your heart sing, will be a prosperous and joyful expansion of your life.

Many Blessings  
Karen

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